



Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

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Heel, Toe, Rodeo

Choreographed by Gary O'Reilly

Description 32 count, 4 wall, low intermediate line dance
Music Cowboy Up by Kaylee Bell
Intro 8

STOMP, HEEL & TOE & HEEL & FORWARD ROCK, TRIPLE FULL TURN

- 1 Stomp right forward
2& Touch left heel forward, step left together
3& Touch right together, step right together
4& Touch left heel forward, step left together
5-6 Rock right forward, recover to left
7&8 Triple in place right-left-right turning a full turn right (12:00)

Option for 7&8: coaster step

FORWARD ROCK, TURN $\frac{1}{2}$, TURN $\frac{1}{2}$, COASTER STEP, KICK BALL STEP

- 1-2 Rock left forward, recover to right
3-4 Turn $\frac{1}{2}$ left and step left forward, turn $\frac{1}{2}$ left and step right back (12:00)

Option for 3-4: step left back, step right back

- 5&6 Left coaster step
7&8 Right kick ball step

TOUCH & TOUCH & TOUCH HITCH TOUCH, RIGHT SAILOR, LEFT SAILOR $\frac{1}{4}$

- 1&2& Touch right side, step right together, touch left side, step left together
3&4 Touch right side, hitch right, touch right side
5&6 Right sailor step
7&8 Left sailor step turning $\frac{1}{4}$ left (9:00)

Restart here on wall 4

WALK, TURN $\frac{1}{2}$, COASTER STEP, WALK, TURN $\frac{1}{2}$, COASTER STEP

- 1-2 Step right forward, turn $\frac{1}{2}$ right and step left back (3:00)
3&4 Right coaster step
5-6 Step left forward, turn $\frac{1}{2}$ left and step right back (9:00)
7&8 Left coaster step

REPEAT

• RESTART •

Restart after count 24 on wall 4